

CLIENT REGISTRATION

Mother's First		Middle		Last		Maiden		Date of birth		
Email				Phones Home		Work		Cell		
Religion		Education: 8th grade No HS degree HS Some college,no degree Associate degree Bachelor's degree Master's degree Doctorate				Occupation				
Race		State of birth		Marital Status		Have you ever been legally married? Y N		Social Security number		
Street			City			Zip			County	
Address is inside (circle 1): Name:		City		village		Township		How did you hear of me?		

Father of Baby Name:		First		Middle		Last		Date of birth	
Race		Education: 8th grade No HS degree HS Some college,no degree Associate degree Bachelor's degree Master's degree Doctorate				State of birth		Occupation	
Address, if different						Cell		Social Security number	

Emergency contact:		Name		Phone		Relationship	
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Family History — <i>Indicate if anyone in your immediate family has ever had any of these; who & when</i> <input type="radio"/> High blood pressure _____ <input type="radio"/> Cancer _____ <input type="radio"/> Diabetes _____ <input type="radio"/> Twins _____ <input type="radio"/> Severe emotional problems _____ <input type="radio"/> Alcohol/drug abuse _____ <input type="radio"/> other _____	Father of Baby — <i>Has baby's father ever had:</i> <input type="radio"/> Sexually transmitted diseases _____ <input type="radio"/> Urethritis _____ <input type="radio"/> Herpes: genital or oral _____ <input type="radio"/> Severe emotional problems _____ <input type="radio"/> Alcohol/drug abuse _____ <input type="radio"/> Tobacco use _____ <input type="radio"/> Other _____	Your Mother's OB history: # of pregnancies _____ # of live births _____ # Miscarriages _____ Any complications _____ _____ Your weight at birth _____
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Please answer the following questions, which will help determine if there are potential problems which should be discussed further. This information is completely confidential.

Yes	No	Have you or the father of the baby (FOB) every had a baby with a birth defect or mental retardation?
Yes	No	Do you or the FOB have any family members with birth defects or conditions diagnosed as genetic or inherited?
Yes	No	Are you and the FOB related by blood?
Yes	No	Are you or the FOB from any of these ethnic/racial groups? Jewish Black/Africa Asian Mediterranean Eskimo
Yes	No	Have you or the FOB ever had hepatitis or jaundice?
Yes	No	Have you ever used any drug intravenously or had a blood transfusion?
Yes	No	Have you ever had a sexual partner who used any drug IV, had a blood transfusion or had bisexual relations?
Yes	No	Have you had more than five sexual partners in the last five years?
Yes	No	Do you think you are at increased risk for having a baby with a birth defect or genetic problem?
Yes	No	Do you think you are at increased risk for hepatitis?
Yes	No	Do you think you are at increased risk for HIV/AIDS?
Yes	No	Have you ever experienced dramatic fluctuations in your weight?
Yes	No	Have you ever had anorexia, bulimia or eating problems?
Yes	No	Is there anything about the development of your sexuality that you'd like to discuss? _____
Yes	No	Have you ever been in a physically- or emotionally-abusive relationship? When? _____
Yes	No	Have you ever been sexually abused or made to take part in sexual activities against your will? When? _____
Yes	No	Have you ever had severe emotional problems? When? _____
Yes	No	Have you ever been on any medication for psychological problems? _____
Yes	No	Has anyone ever told you, or do you think, that you have ever used alcohol or drugs excessively?

Gynecologic History

Have you ever had any of the following?
List year and details

- | | | |
|---|---|---|
| <input type="checkbox"/> Yeast _____ | <input type="checkbox"/> Bacterial Vaginosis _____ | <input type="checkbox"/> Breast lumps _____ |
| <input type="checkbox"/> Venereal warts (HPV) _____ | <input type="checkbox"/> Cervical polyps or growths _____ | <input type="checkbox"/> Genital sores _____ |
| <input type="checkbox"/> Chlamydia _____ | <input type="checkbox"/> Gardnerella _____ | <input type="checkbox"/> Breast surgery _____ |
| <input type="checkbox"/> Cervical surgery _____ | <input type="checkbox"/> Fibroids _____ | <input type="checkbox"/> Herpes: Oral Genital |
| <input type="checkbox"/> Trichomonas _____ | <input type="checkbox"/> Gonorrhea _____ | <input type="checkbox"/> Abnormal bleeding _____ |
| <input type="checkbox"/> Cervicitis _____ | <input type="checkbox"/> Endometriosis _____ | <input type="checkbox"/> Infertility _____ |
| | <input type="checkbox"/> Syphilis _____ | <input type="checkbox"/> Ovarian cysts _____ |
| | <input type="checkbox"/> Uterine surgery _____ | <input type="checkbox"/> Other _____ |
| | <input type="checkbox"/> PID _____ | |

Age at 1st period _____ Duration of flow _____ Cycle length _____ Is it regular? Y N
Date of last PAP _____ Have you ever had an abnormal PAP? _____ If so, when? _____
What was the abnormality? _____

Medical History

Have you ever had any of these? When?

- | | | |
|--|--|---|
| <input type="checkbox"/> Severe headaches _____ | <input type="checkbox"/> Varicose veins _____ | <input type="checkbox"/> Diabetes _____ |
| <input type="checkbox"/> Eye/Vision problems _____ | <input type="checkbox"/> Hemorrhoids _____ | <input type="checkbox"/> Hypoglycemia _____ |
| <input type="checkbox"/> Ear/hearing problems _____ | <input type="checkbox"/> Tuberculosis _____ | <input type="checkbox"/> Kidney infection _____ |
| <input type="checkbox"/> Dental problems _____ | <input type="checkbox"/> Asthma _____ | <input type="checkbox"/> Bladder infection _____ |
| <input type="checkbox"/> Thyroid problems _____ | <input type="checkbox"/> Allergies _____ | <input type="checkbox"/> Urinary surgery _____ |
| <input type="checkbox"/> Rheumatic fever _____ | <input type="checkbox"/> Stomach problems _____ | <input type="checkbox"/> Urethral dilation _____ |
| <input type="checkbox"/> Blood clotting problems _____ | <input type="checkbox"/> Ulcers _____ | <input type="checkbox"/> Aching joints _____ |
| <input type="checkbox"/> Anemia _____ | <input type="checkbox"/> Bowel problems _____ | <input type="checkbox"/> Pelvic/back injuries _____ |
| <input type="checkbox"/> Hemorrhage _____ | <input type="checkbox"/> Colitis _____ | <input type="checkbox"/> Seizures _____ |
| <input type="checkbox"/> High blood pressure _____ | <input type="checkbox"/> Gall bladder problems _____ | <input type="checkbox"/> Surgeries _____ |
| | <input type="checkbox"/> Liver problems _____ | List any allergies to medications: _____ |
| | <input type="checkbox"/> Hepatitis _____ | |

Previous Pregnancies

Indicate all pregnancies in chronological order; add separate page if needed

Date	# weeks	Birth/Miscarriage/Termination	Location	Comments

Other previous pregnancy or delivery complications:

- | | | |
|--|---|--|
| <input type="checkbox"/> Premature baby | <input type="checkbox"/> overdue by more than 2 weeks | <input type="checkbox"/> high blood pressure |
| <input type="checkbox"/> Breech baby | <input type="checkbox"/> forceps/vacuum delivery | <input type="checkbox"/> birth defects |
| <input type="checkbox"/> Shoulder dystocia | <input type="checkbox"/> postpartum hemorrhage | <input type="checkbox"/> pre-eclampsia |
| <input type="checkbox"/> A baby considered small for it's age during pregnancy | <input type="checkbox"/> a baby weighing more than 8#-13oz | |
| <input type="checkbox"/> A baby considered small for it's age at delivery | <input type="checkbox"/> Significant tear involving the rectum: 3rd 4th | |
| <input type="checkbox"/> Other _____ | | |

Describe your diet:

- | | | |
|---|---|--------------------------------------|
| <input type="checkbox"/> Standard American diet, I eat everything and shop at regular grocery stores. | <input type="checkbox"/> Vegan | <input type="checkbox"/> Macrobiotic |
| <input type="checkbox"/> I eat everything but include lots of veggies & try to buy as much organic food as possible | <input type="checkbox"/> Ovo-lacto vegetarian | |
| <input type="checkbox"/> Mostly processed and fast food | <input type="checkbox"/> Pesco-ovo-lacto vegetarian | <input type="checkbox"/> Other _____ |

Do you intend to restrict your calorie intake in order to limit weight gain during pregnancy? Y N

Present Pregnancy

1st day of last menstrual flow: _____

Was it normal? _____

If not, then last normal period _____

Suspected date of conception _____

Date of Positive pregnancy test _____

Was this pregnancy planned? _____

Most recent birth control used _____

How do you feel about being pregnant?

What are the partner's feelings?

Have you had any of these problems during this pregnancy?

- | | |
|---|--|
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Urinary symptoms |
| <input type="checkbox"/> Vomiting | <input type="checkbox"/> Abdominal pain |
| <input type="checkbox"/> Fever | <input type="checkbox"/> vaginal bleeding |
| <input type="checkbox"/> Headache | <input type="checkbox"/> vaginal discharge |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Bleeding gums |
| <input type="checkbox"/> Leg cramps | <input type="checkbox"/> Varicose veins |
| <input type="checkbox"/> Rash | <input type="checkbox"/> Hemorrhoids |
| <input type="checkbox"/> Backache | <input type="checkbox"/> Swelling |
| <input type="checkbox"/> Heartburn | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Family/Relationship problems | |
| <input type="checkbox"/> Other _____ | |

Have you used or been exposed to any of the following during this pregnancy?

- | | |
|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> Tobacco | <input type="checkbox"/> Herbs |
| <input type="checkbox"/> Alcohol | <input type="checkbox"/> Fumes/sprays |
| <input type="checkbox"/> Caffeine | <input type="checkbox"/> Ultrasound |
| <input type="checkbox"/> Marijuana | <input type="checkbox"/> Measles |
| <input type="checkbox"/> Cocaine | <input type="checkbox"/> Viruses |
| <input type="checkbox"/> Street drugs | <input type="checkbox"/> Vaccinations |
| <input type="checkbox"/> Rx drugs | <input type="checkbox"/> Cats |
| <input type="checkbox"/> OTC drugs | <input type="checkbox"/> X-rays |
| <input type="checkbox"/> Vitamins | <input type="checkbox"/> Other |
- _____

What are your reasons for choosing a homebirth?

check all that apply, and state in your own words, below.

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> safety | <input type="checkbox"/> atmosphere | <input type="checkbox"/> fear of hospitals | <input type="checkbox"/> partner preference |
| <input type="checkbox"/> desire for natural birth | <input type="checkbox"/> spiritual | <input type="checkbox"/> effect on baby | <input type="checkbox"/> cost |
| <input type="checkbox"/> control | <input type="checkbox"/> desire for waterbirth | <input type="checkbox"/> family unity | <input type="checkbox"/> social pressure |
- _____

Have you seen another provider during this pregnancy? What type: ☐ OB/Gyn ☐ CNM ☐ Family Practice ☐ LM

☐ herbalist ☐ homeopath ☐ acupuncturist Name(s): _____

Do you see a chiropractor? Y N Name: _____ How often? _____

Have you taken or will you be taking childbirth education classes during this pregnancy? Y N What type? _____

If no, have you taken them during a previous pregnancy? Y N

Were you a smoker during the 3 months prior to this pregnancy? Y N How many per day? _____

Have you smoked during this pregnancy? Y N How many per day? _____ For how long? _____

Any alcohol use? _____ Number of drinks per week: _____ or per month: _____

Any street drugs (occasional or regular)? _____ Drug type: _____

Any medication or prescription drug use? _____ Type(s): _____

Do you receive WIC benefits? Y N Are you on Medicaid? Y N Do you receive food stamp benefits? Y N

Do you plan to do perineal massage in last weeks of pregnancy? Y N Would you like more information on this? Y N

Breastfeeding is a prerequisite for out-of-hospital birth with Birthspirit. Do you have any concerns about this? Yes No

If yes, state them here: _____

Do you plan to vaccinate your baby? Yes No Not sure, would like more information

Will you be keeping your son intact? Yes No Not sure Why or why not? _____

Do you plan to co-sleep with your baby? Yes No Not sure, would like more information

What style of parenting do you use or plan to use? _____

Who will be helping you after the baby is born? _____

Would you like a social security number automatically applied for with the Birth Certificate? Yes No